

Wiltshire Council

Health Select Committee

23rd September 2014

Subject: Wiltshire Mental Health and Wellbeing Strategy – Draft for information prior to consultation

Executive Summary

The purpose of this item is to present an update on the progress of the Wiltshire mental health strategy and the plans for its consultation process.

The draft Wiltshire Mental Health and Wellbeing Strategy (see Appendix 1) provides the strategic direction for Wiltshire Council and NHS Wiltshire Clinical Commissioning Group (CCG) in promoting mental health and wellbeing and supporting people with mental health problems and their carers over the next 7 years.

The aim of the strategy is to create environments and communities that will keep people well across their lifetime, achieving and sustaining good mental health and wellbeing for all.

Following the development of the draft strategy, the draft has been presented for approval to the Wiltshire Clinical Commissioning Board and to Wiltshire Council Cabinet for approval of the draft content and to progress to consultation. It is being presented to Health Select Committee for information and feedback.

Proposal(s)

To provide information for Health Select Committee on the draft Strategy and consultation.

Frances Chinemana
Associate Director Public Health and Public Protection

Purpose of Report

1. This report provides information for the Health Select Committee on the draft Mental Health and Wellbeing Strategy and consultation.

Background

2. The draft Wiltshire Mental Health and Wellbeing Strategy (see Appendix 1) provides the strategic direction for Wiltshire Council and NHS Wiltshire Clinical Commissioning Group (CCG) in promoting mental health and wellbeing and supporting people with mental health problems and their carers over the next seven years.
3. The aim of the strategy is to create environments and communities that will keep people well across their lifetime, achieving and sustaining good mental health and wellbeing for all. It is a high level vision document designed to enable development of commissioning and delivery plans address the key areas for development and which contribute to achievement of this overall aim.
4. In developing the strategy, stakeholder engagement has been undertaken with a wide variety of local professionals and partners who work within the field mental health, and with our service users via the Wiltshire Service User Network (WSUN). Key messages from the stakeholder and service user engagement are included in the draft strategy. In addition to we have taken into account key messages from international and national organisations such as the World Health Organisation, Department of Health, Royal Colleges, national reports including those from national mental health charities and our own strategic direction over the next five years. Evidence from the Joint Strategic Assessment has been used to underpin the strategy and highlight particular areas of focus.
5. In addition we have taken into account key messages from international and national organisations such as the World Health Organisation, Department of Health, Royal Colleges, national reports including those from national mental health charities and our own strategic direction over the next five years.

Proposed consultation process

6. Following the development of the draft strategy, it has been presented to the Wiltshire Clinical Commissioning Board and to Wiltshire Council Cabinet panel for approval of the draft content and to progress to consultation. It is being presented to Health Select Committee for information and feedback.
7. It is intended that a consultation period will subsequently run from October 2014 until January 2015. This will consist of Wiltshire Council and Wiltshire Clinical Commissioning Group, who led the development of the strategy, issuing an invitation to the general public and interested

stakeholders to participate and provide feedback on the draft document. During this period, further engagement events will take place with stakeholders and users via WSUN and other established forum.

8. Once the responses to the consultation have been analysed, a final strategy will be produced and presented for formal approval. Commissioning and delivery plans will then be developed to deliver the agreed strategy.

Safeguarding Implications

9. Safeguarding is a key priority for Wiltshire Council and NHS Wiltshire CCG, both in terms of the services that they deliver and commission and this applies equally to the Wiltshire Mental Health Strategy and its implementation. It is acknowledged that people with mental health difficulties can be at greater risk of being victims of crime or abuse, self-neglect and poor and undignified care, given that they often lack capacity and their situations can give rise to increased risk of exploitation, e.g. financial, and stress within care givers, if they are not in receipt of appropriate support and training.
10. Wiltshire Council and NHS Wiltshire CCG and the organisations that they commission have in place safeguarding policies, procedures and workforce development plans to ensure that safeguarding is and continues to be a key priority.

Public Health Implications

11. The proposed public consultation on the Wiltshire Mental Health and Wellbeing Strategy helps to ensure that the population continues to be included in decision-making processes regarding their health and wellbeing.
12. Poor mental health can have a devastating impact on the quality of life for individuals their families and carers as well as a significant impact on the national economy. It has links to poverty and exclusion, unemployment, crime, chronic illness and anti-social behaviour. People with a mental health issue are more likely to die prematurely and to develop physical health issues. The national strategy for mental health, No Health without Mental Health: A cross-government mental health outcomes strategy for people of all ages (DH 2011), shows why tackling mental illness and promoting mental wellbeing is essential not only for individuals and their families but to society as a whole. Public Health staff will continue to work closely with Adult Social Care and NHS staff to develop and deliver this strategy, with a number of healthy living schemes already in place to assist in reducing the risk of developing mental health issues.
13. The outcomes of this strategy should help to reduce health inequalities and improve healthy life expectancy for the whole population of Wiltshire as well as people with mental health issues and their carers, and also may help to reduce the future prevalence. The Wiltshire Mental Health and

Wellbeing Strategy is thus consistent and coherent with the aims of the Wiltshire Health and Well Being Strategy.

Environmental and Climate Change Considerations

14. There are no environmental or climate implications in relation to this cabinet paper.

Equalities Impact of the Proposal

15. The strategy aims to ensure services will be delivered with due regard to equality legislation and that people with mental illness will have equitable access to services according to need. An equality analysis will be undertaken during the consultation period and will be presented alongside the final strategy.

Risk Assessment

Main risks associated with the proposed consultation on the Mental Health and Wellbeing Strategy:

16. Raised expectations of what the mental health and wellbeing strategy will deliver amongst the general public, customers and partner organisations as a result of the strategy development and consultation. This will be managed through ensuring that priorities identified from the early engagement and the consultation, are balanced within the overall resources available to deliver the strategy. This will be communicated within the final strategy and through a continuing programme of engagement with the general public, customers and partner organisations which will allow for priorities and progress to be communicated.

Risks that may arise if the proposed decision and related work is not taken

17. Resulting delay in commencement of the consultation period would lead to an extended period without a current Mental Health and Wellbeing Strategy in place and lack of clarity over mental health and wellbeing priorities to inform commissioning and delivery.

Financial Implications

18. There are no immediate financial implications of the proposal to launch a consultation on the Mental Health and Wellbeing Strategy. It is however, acknowledged that the key areas for development identified within the strategy may require some re-alignment of budget, particularly over the longer-term, to enable better cross-agency working.

Legal Implications

19. No direct legal implications have been identified in relation to the proposal [save for mental health being a protected factor under the Equality Act 2010](#).

Frances Chinemana
Associate Director Public Health and Public Protection

Report Author:

Karen Spence, Public Health Specialist. karen.spence@wiltshire.gov.uk

15th September 2014

Background Papers

The following unpublished documents have been relied on in the preparation of this report:

None

Appendices

Appendix 1: Draft Mental Health and Wellbeing Strategy 2014 to 2021
